GYOWA KIRIN



Getting started with treatment

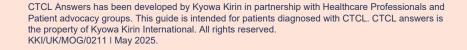
Questions to ask your healthcare team

Getting started with treatment can be scary, especially if you don't understand why a decision has been made or what treatment you're receiving. This short guide can help you begin a conversation with your doctor to empower you in your treatment journey. There is space after each question to write down notes to help you remember the key information. Remember your doctor is there to help you, so, if you don't understand the answer, ask for more detail!



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nere any	hing I have done	that is causin	g my symp	toms?	
t subtyp	e of CTCL do I ha	ve and what st	age is it at	?	
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	htuma and atama		tun o.u.t2		
does su	btype and stage a	arrect my treat	tment?		
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What is causing my skin symptoms?



hy are you recommending this treatment?	
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	You might also want to think about:
	• How does the treatment work?
	 How long does it take for treatment to work?
	• How long will I need treatment?
	Where will I receive treatment?
	 Can I treat myself at home or will I need to travel to a clinic or hospital for treatment?
e there any side effects I should know about or look out for?	
<mark>ll I need to make any changes to my dai</mark> ly life when I start this tre	eatment?
	9
	··· You might also want to think about
	 Will I need to make any changes to my diet?
	 Do I need to apply sunscreen or additional moisturising skin lotions?
	Is it safe to have sexual intercourse?



Will my CTCL get worse if I don't	have treatment straight away?	
How often will I need to have ch	eck-ups and what happens during these appoi	ntments?
	ote down the name and contact details of your ese healthcare professionals in your CTCL journ	
Consultant haematologist		
Consultant dermatologist		
Consultant oncologist		
Treatment centre or clinic reception		
Hospital out-of-hours number		
Other		



Extra notes

